

## Health Assessment

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- B.S. from Palm Beach Atlantic
- BSN, MSN, PhD from University of Florida
- Board Certified Nurse Practitioner
- Worked in both hospital and outpatient settings
- Also teach Ballroom and Latin dancing
- Missionary kid, grew up in Liberia, Costa Rica, and Uruguay

## Approach to the Course

- Syllabus
- Monday and Friday – classroom
- Tuesdays – lab/practical
  - Quiz each Tuesday before lab

## Wholistic Assessment and Documentation

Reading: Jarvis, 1 - 50

## Health Assessment

- What is Health?
  - Medical Model
  - Functional Model
  - Wellness Model
  - System Stability
- Homeostasis – dynamic balancing

## Assessment

- Nursing Process
  - Assessment/Diagnosis
  - Outcome/Planning
  - Implementation
  - Evaluation

## Neuman Systems Model

- Person Variables
  - Physiological
  - Psychological
  - Socio-cultural
  - Developmental
  - Spiritual

## Neuman Systems Model

- Core
- Lines of Defense
  - Flexible
  - Normal
- Line of Resistance
- Stressors
  - Intrapersonal
  - Interpersonal
  - Extrapersonal

## Wholistic Assessment

- Humanistic
- Reductionistic vs. Wholistic
- Five Person Variables
- Flexible line of defense
- Stressors
  - Perception of Nurse and Patient

## Documentation

- Legal record
  - If you don't document it, you didn't do it
- HIPPA
  - When turning in assignments regarding real patients, use patient's initials only.
  - If making a copy of part of a chart for reference for an assignment, obscure identifiers.

## Documentation Considerations

- Narrative vs. Charting by exception
- Appropriate use of abbreviations
- Appropriate use of medical terminology
- Models
  - SOAP: subjective, objective, assessment, plan
  - DAR: data, action, response
  - DARP: data action, response, plan

## Kinds of Data

- Datum – piece of information
- Database – Collection of all data concerning a patient
- Subjective data
  - Symptoms
- Objective data
  - Signs